



## RCSL Sanctioned Swim Meet Invitational

**Date of Meet: Saturday, June 29<sup>th</sup> 2024**

**Warm-ups: 8:00-9:00 AM**

**Meet starts: 9:15**

**DIRECTOR:** Cara Sprinz, Email: [sherwoodsharkshsv@gmail.com](mailto:sherwoodsharkshsv@gmail.com)

**HEAD REFEREE:** Jose Perez

**LOCATION:** Sherwood Pool is located at 518 Forrest Park Ct NW Huntsville, AL 35806

**FACILITIES:** 6 lane, 25 meter pool, with non-turbulent lane ropes.

**ELIGIBILITY:** All age group participants must have been submitted to the RCSL as a rostered swimmer per applicable RCSL Rules of Competition rules. No entries will be accepted if not confirmed. Open participants should be sponsored from an RCSL pool. Every swimmer must have an identified sponsor during the meet (coach or parent). Swimming in this meet establishes official times for strokes and are eligible for seeding at City Meet. Swimming in the meet **DOES NOT** satisfy dual meet eligibility of 2 meets to swim at City Meet.

**RULES:** The 2021 USS rules and current RCSL Rules of Competition will govern the conduct of the meet unless noted otherwise herein.

**WARM UP:** The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up.

**ENTRY FEES:** \$3.00 per individual event and a surcharge of \$1.00 per swimmer, said surcharge being used for administration costs.

**Late entries** will be accepted at the discretion of the meet director. Late entries will be charged \$4 per individual event and \$2 surcharge per swimmer.

**ENTRIES:** A swimmer may swim five (5) events. Teams will use HYTEK's Meet/Team Manager to submit their entries. Entry file will be provided on the RCSL web portal.

**Email Entries to:**

Cara Sprinz

[sherwoodsharkshsv@gmail.com](mailto:sherwoodsharkshsv@gmail.com)

**Payment Due:**

Checks (payable to Sherwood Swim Club) or payments may be made to Paypal account: [sherwoodswimclub@yahoo.com](mailto:sherwoodswimclub@yahoo.com). All payments must be submitted before the start of the meet on Saturday June 29<sup>th</sup> at 8:00 AM.

*Enter all events with the best official RCSL times. Entry times should be in hundredths (0.01). Please keep in mind you can use this meet get time results for swimmers in strokes/events they don't usually get to swim in dual competitions. Swimmers with disabilities are welcome. Please let the meet director know if accommodations need to be provided.*

**SEEDING:** See attached list of events. All events are timed finals.

**DEADLINE:** All entries must be received before **noon Thursday, June 29th, 2024. No late entries will be seeded.** Entries will be accepted for a **total of 300 swimmers.** Late entries may be accepted at the discretion of the Meet Director; however, they will be accepted on a "lane available" basis and may not appear on the heat sheet.

**AWARDS:** First, Second and Third place awards for all events. High Point Male and Female for each Age Group.

**MEETING:** There will be a coaches/ reps meeting at 8:00 AM, Saturday, June 29, 2024. There will be an officials' meeting approximately 30 minutes before the start of the meet.

**SCRATCHES:** The Scratch Rules as shown in the current US Swimming Handbook will apply. The meet director reserves the right to run this meet in a 4, 5, or 6 lane format depending on the number of entries received. Entry error: If due to a Sherwood Pool error, the swimmer will be deck entered in an open lane of the heat nearest his/her entry time or in a new heat. The entire event will not be re-seeded.

**SWIM EVENTS:****8 & U:**

25 yd Freestyle, 25y Breaststroke, 25y Butterfly, 25y Backstroke

**10 & under, 11-12, 13-14, 15-17:**

50y Freestyle, 50y Breaststroke 50y Butterfly, 50y Backstroke

**Open:**

25y Freestyle, 50y Freestyle, 100y Freestyle, 100y Breaststroke, 100y Butterfly, 100y Backstroke, 100 IM

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** entered in the invitational are registered and entered into the meet in accordance and subject to RCSL ROC Swimming Rules and Regulation:

I also acknowledge that I am familiar with the rules of RCSL regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Sherwood Swim Club and Rocket City Swim League, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

Signature of Coach or Club Official:	
Club:	
Title:	Date:

**CONSOLIDATED ENTRY FORM FOR SHER MEET: Times should be in Short Course Meters:**

		EVENT #	EVENT NAME	ENTRY TIME
NAME OF SWIMMER				
TEAM				
DATE OF BIRTH	SEX			
NAME OF SWIMMER				
TEAM				
DATE OF BIRTH	SEX			
NAME OF SWIMMER				
TEAM				
DATE OF BIRTH	SEX			
NAME OF SWIMMER				
TEAM				
DATE OF BIRTH	SEX			
NAME OF SWIMMER				
TEAM				
DATE OF BIRTH	SEX			

**SHERWOOD INVITATIONAL MEET:**

Order of Events

SATURDAY, JUNE 29<sup>TH</sup>, 2024

<b>WARM-UP: 8:00 AM</b>		<b>COMPETITION: 9:15 AM</b>
<b>WOMEN</b>	<b>EVENT:</b>	<b>MEN:</b>
1	Mixed Open 100 Fly	1
3	8 & U 25 Fly	4
5	9 & 10 50 Fly	6
7	11 & 12 50 Fly	8
9	13 & 14 50 Fly	10
11	15 & 17 50 Fly	12
13	Mixed Open 100 Breast	13
15	8 & U 25 Breast	16
17	9 & 10 50 Breast	18
19	11 & 12 50 Breast	20
21	13 & 14 50 Breast	22
23	15 & 17 50 Breast	24
971	Mixed Open 100 Free Parents Relay	971
25	Mixed Open 25 Free	25
27	Mixed Open 50 Free	27
29	Mixed Open 100 IM	29
974	Mixed Open 100 Medley Parents Relay	974
31	Mixed Open 100 Back	31
33	8 & U 25 Back	34
35	9 & 10 50 Back	36
37	11 & 12 50 Back	38
39	13 & 14 50 Back	40
41	15 & 17 50 Back	42
43	Mixed Open 100 Free	43
45	8 & U 25 Free	46
47	9 & 10 50 Free	48
49	11 & 12 50 Free	50
51	13 & 14 50 Free	52
53	15 & 17 50 Free	54