

ROCKET CITY SWIM LEAGUE CHAMPIONSHIP MEET
JULY 8-9, 2023
ORDER OF EVENTS
SESSIONS 1, 2, & 3(FINALS) SATURDAY

WARM-UPS 7:15-8:15 A.M. MEET BEGINS AT 8:45 A.M.

SESSION 1 (SOUTH-FLAG SIDE)

EVENT #	EVENT
1**	GIRLS 8 & U 100 YARD MEDLEY RELAY
2**	BOYS 8 & U 100 YARD MEDLEY RELAY
3	GIRLS 6 & U 25 YARD FREE EXHIBITION
4**	GIRLS 6 & U 25 YARD FREE (TIMED FINALS)
5	GIRLS 8 & U 25 YARD FREE EXHIBITION
6	GIRLS 8 & U 25 YARD FREE PRELIM
7	BOYS 8 & U 25 YARD FREE EXHIBITION
8	BOYS 8 & U 25 YARD FREE PRELIM
9**	BOYS 6 & U 25 YARD FREE (TIMED FINALS)
10	BOYS 6 & U 25 YARD FREE EXHIBITION
11	GIRLS 8 & U 25 YARD BREAST PRELIM
12	BOYS 8 & U 25 YARD BREAST PRELIM
974	PARENTS 100 YARD MIXED FREE RELAY
975	COACHES 100 YARD MIXED FREE RELAY

SESSION 2 (NORTH-WINDOW SIDE)

EVENT #	EVENT
15**	GIRLS 9-10 200 YARD MEDLEY RELAY
16**	BOYS 9-10 200 YARD MEDLEY RELAY (5 MINUTE BREAK-REST)
17	GIRLS 9-10 50 YARD FREE EXHIBITION
18	GIRLS 9-10 50 YARD FREE PRELIM
19	BOYS 9-10 50 YARD FREE PRELIM
20	BOYS 9-10 50 YARD FREE EXHIBITION
21	GIRLS 9-10 50 YARD BREAST PRELIM
22	BOYS 9-10 50 YARD BREAST PRELIM

SESSION 3 (SOUTH-FLAG SIDE)
FINALS AND CONSOLATION FINALS

6	GIRLS 8 & U 25 YARD FREE
8	BOYS 8 & U 25 YARD FREE
18	GIRLS 9 & 10 50 YARD FREE
19	BOYS 9 & 10 50 YARD FREE
11	GIRLS 8 & U 25 YARD BREAST
12	BOYS 8 & U 25 YARD BREAST
21	GIRLS 9 & 10 50 YARD BREAST
22	BOYS 9 & 10 50 YARD BREAST

****TIMED FINALS**

ROCKET CITY SWIM LEAGUE CHAMPIONSHIP MEET
JULY 8-9, 2023
ORDER OF EVENTS
SESSIONS 4, 5, & 6(FINALS) SATURDAY

WARM-UPS BEGIN IMMEDIATELY AFTER THE CONCLUSION OF SESSION 3
MEET WILL NOT RESUME BEFORE 1:00 P.M.

SESSION 4 (SOUTH-FLAG SIDE)

EVENT #	EVENT
900	OPEN GIRLS 25 YARD FREESTLYE
901	OPEN BOYS 25 YARD FREESTLYE
23**	GIRLS 11 & 12 200 YARD MEDLEY RELAY
25**	GIRLS 13 & 14 200 YARD MEDLEY RELAY
27**	GIRLS 15 - 17 200 YARD MEDLEY RELAY
29	GIRLS 11 & 12 50 YARD FREE EXHIBITION
31	GIRLS 13 & 14 50 YARD FREE EXHIBITION
33	GIRLS 15 - 17 50 YARD FREE EXHIBITION
35	GIRLS 11 & 12 50 YARD FREE PRELIM
37	GIRLS 13 & 14 50 YARD FREE PRELIM
39	GIRLS 15 - 17 50 YARD FREE PRELIM
41	GIRLS 11 & 12 50 YARD BREAST PRELIM
43	GIRLS 13 & 14 50 YARD BREAST PRELIM
45	GIRLS 15 & 17 50 YARD BREAST PRELIM

SESSION 5 (NORTH-WINDOW SIDE)

EVENT #	EVENT (Start after 900,901 complete)
24**	BOYS 11 & 12 200 YARD MEDLEY RELAY
26**	BOYS 13 & 14 200 YARD MEDLEY RELAY
28**	BOYS 15 - 17 200 YARD MEDLEY RELAY
30	BOYS 11 & 12 50 YARD FREE EXHIBITION
32	BOYS 13 & 14 50 YARD FREE EXHIBITION
34	BOYS 15 - 17 50 YARD FREE EXHIBITION
36	BOYS 11 & 12 50 YARD FREE PRELIM
38	BOYS 13 & 14 50 YARD FREE PRELIM
40	BOYS 15 - 17 50 YARD FREE PRELIM
42	BOYS 11 & 12 50 YARD BREAST PRELIM
44	BOYS 13 & 14 50 YARD BREAST PRELIM
46	BOYS 15 & 17 50 YARD BREAST PRELIM
47**	11 & 12 200 YARD MIXED RELAY
49**	13 & 14 200 YARD MIXED RELAY
51**	15 - 17 200 YARD MIXED RELAY

SESSION 6 (SOUTH-FLAG SIDE)
FINALS AND CONSOLATION FINALS

35	GIRLS 11 & 12 50 YARD FREE
36	BOYS 11 & 12 50 YARD FREE
37	GIRLS 13 & 14 50 YARD FREE
38	BOYS 13 & 14 50 YARD FREE
39	GIRLS 15 - 17 50 YARD FREE
40	BOYS 15 - 17 50 YARD FREE
41	GIRLS 11 & 12 50 YARD BREAST
42	BOYS 11 & 12 50 YARD BREAST
43	GIRLS 13 & 14 50 YARD BREAST
44	BOYS 13 & 14 50 YARD BREAST
45	GIRLS 15 & 17 50 YARD BREAST
46	BOYS 15 & 17 50 YARD BREAST

ROCKET CITY SWIM LEAGUE CHAMPIONSHIP MEET
JULY 8-9, 2023
ORDER OF EVENTS
SESSIONS 7, 8, & 9(FINALS) SUNDAY

WARM-UPS 7:15-8:15 A.M. MEET BEGINS AT 8:45 A.M

SESSION 7 (SOUTH-FLAG SIDE)

EVENT #	EVENT
55**	MIXED 8 & U 100 YARD FREE RELAY (10 MINUTE BREAK-REST)
56	GIRLS 8 & U 25 YARD FLY PRELIM
57	BOYS 8 & U 25 YARD FLY PRELIM (5 MINUTE BREAK-REST)
58	GIRLS 8 & U 25 YARD BACK PRELIM
59	BOYS 8 & U 25 YARD BACK PRELIM (5 MINUTE BREAK-REST)
60**	GIRLS 8 & U 100 YARD FREE RELAY
61**	BOYS 8 & U 100 YARD FREE RELAY (15 MINUTE BREAK)
969	COACHES 50 YARD FEEE
971	PARENTS 100 YARD MOMS FREE RELAY
972	PARENTS 100 YARD DADS FREE RELAY
973	COACHES 100 YARD MEDLEY RELAY

SESSION 8 (NORTH-WINDOW SIDE)

EVENT #	EVENT
70**	MIXED 9-10 200 YARD FREE RELAY (10 MINUTE BREAK-REST)
71	GIRLS 9-10 50 YARD FLY PRELIM
72	BOYS 9-10 50 YARD FLY PRELIM (5 MINUTE BREAK-REST)
73	GIRLS 9-10 50 YARD BACK PRELIM
74	BOYS 9-10 50 25 YARD BACK PRELIM (5 MINUTE BREAK-REST)
75**	GIRLS 9-10 50 100 YARD FREE RELAY
76**	BOYS 9-10 50 100 YARD FREE RELAY (15 MINUTE BREAK)

SESSION 9 (SOUTH-FLAG SIDE)
FINALS AND CONSOLATION FINALS

56	GIRLS 8 & U 25 YARD FLY
57	BOYS 8 & U 25 YARD FLY
71	GIRLS 9 & 10 50 YARD FLY
72	BOYS 9 & 10 50 YARD FLY (10 MINUTE BREAK-REST)
58	GIRLS 8 & U 25 YARD BACK
59	BOYS 8 & U 25 YARD BACK
73	GIRLS 9 & 10 50 YARD BACK
74	BOYS 9 & 10 50 YARD BACK

****TIMED FINALS**

ROCKET CITY SWIM LEAGUE CHAMPIONSHIP MEET
JULY 8-9, 2023
ORDER OF EVENTS
SESSIONS 10, 11, 12(FINALS) SUNDAY

WARM-UPS BEGIN IMMEDIATELY AFTER THE CONCLUSION OF SESSION 9
MEET WILL NOT RESUME BEFORE 1 P.M.

SESSION 10 (SOUTH-FLAG SIDE)

EVENT #	EVENT
80	GIRLS 11 & 12 50 YARD FLY PRELIM
82	GIRLS 13 & 14 50 YARD FLY PRELIM
84	GIRLS 15 - 17 50 YARD FLY PRELIM
86	GIRLS 11 & 12 50 YARD BACK PRELIM
88	GIRLS 13 & 14 50 YARD BACK PRELIM
90	GIRLS 15 - 17 50 YARD BACK PRELIM
92**	GIRLS 11 & 12 200 YARD FREE RELAY
94**	GIRLS 13 & 14 200 YARD FREE RELAY
96**	GIRLS 15 - 17 200 YARD FREE RELAY

SESSION 11 (NORTH-WINDOW SIDE)

EVENT #	EVENT
81	BOYS 11 & 12 50 YARD FLY PRELIM
83	BOYS 13 & 14 50 YARD FLY PRELIM
85	BOYS 15 - 17 50 YARD FLY PRELIM
87	BOYS 11 & 12 50 YARD BACK PRELIM
89	BOYS 13 & 14 50 YARD BACK PRELIM
91	BOYS 15 - 17 50 YARD BACK PRELIM
93**	BOYS 11 & 12 200 YARD FREE RELAY
95**	BOYS 13 & 14 200 YARD FREE RELAY
97**	BOYS 15 - 17 200 YARD FREE RELAY

SESSION 12 (SOUTH-FLAG SIDE)
FINALS AND CONSOLATION FINALS

80	GIRLS 11 & 12 50 YARD FLY
81	BOYS 11 & 12 50 YARD FLY
82	GIRLS 13 & 14 50 YARD FLY
83	BOYS 13 & 14 50 YARD FLY
84	GIRLS 15 - 17 50 YARD FLY
85	BOYS 15 - 17 50 YARD FLY
86	GIRLS 11 & 12 50 YARD BACK
87	BOYS 11 & 12 50 YARD BACK
88	GIRLS 13 & 14 50 YARD BACK
89	BOYS 13 & 14 50 YARD BACK
90	GIRLS 15 - 17 50 YARD BACK
91	BOYS 15 - 17 50 YARD BACK

****TIMED FINALS**